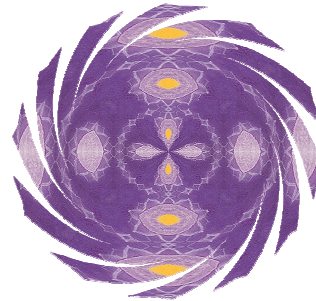


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Let’s Talk About Healing Lent 2011



The need for healing is something we have in common, yet talking about healing can be hard.

To really talk about healing means to allow tough questions to surface in us: What does it mean to be healed? What is healing and what is healing not? What do we do when healing doesn’t happen? What is God’s role in healing and what is ours? To talk about healing is to expose ourselves to our vulnerabilities, revealing our faith as well as our doubts. To talk about healing is to engage a mystery that invites both our participation and our unknowing.

Yet as challenging as talking about healing can be, everyone has a story that involves it! We can all name ways in which we are seeking “more wholeness” or ways in which we have been touched with God’s healing grace. And as a community of faith this season, we are moving through the gospel story toward the miraculous healing that is resurrection.

At Grace this Lent we will be talking about healing, sharing our stories, listening to guest speakers from the larger community who are engaged in the practice of healing, gathering for Wednesday suppers, sharing Eucharist, and reading *Jesus Freak: Feeding, Healing, Raising the Dead*, by Sara Miles.

Join us in these programs and liturgies and know that with your presence, we are more whole.

On the next pages are the Sunday Forum and Wednesday evening schedules with topics and presenters.

Books are available in the Grace Church Commons.

Jen

GRACE CHURCH VESTRY & OFFICERS

Jim Barry– 283-3026
Suzanne Cloutier– 396-3034
Bruce Fries—393-0153
David Hawley-Lowry–616-915-6188
Dave Masselink– 546-2662
David Meier– 335-5184
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Jay Bylsma–399-5721
Jerry Roper, Treasurer Emeritus
Robbie Schorle–269-543-4400

STAFF

Robert R. Gepert, Bishop
Jennifer Adams, Rector
Henry Idema, Pastoral Support
Steve Jenkins, Director of Music
Jennifer Wolfe, Children’s Choir Director
Debbie Coyle, Director of Children’s & Youth Ministries, Communications Secretary
Thom Samuelson, Sexton
Gail Westerhof, Secretary
Mary Battaglia, Financial Secretary

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“Let’s Talk About Healing” Sunday Forums at 9:15 am

Sunday, March 13	Intergenerational: Before there is Alleluia, there is Prayer
Sunday, March 20	Rev. David Blauw, Chaplain and Director of Spiritual Care Services at Holland Community Hospital
Sunday, March 27	Dr. David Stubbs, Professor of Theology and Ethics at Western Theological Seminary and Mrs. Lynn Stubbs, LMSW, ACSW on ‘Restorative Circles’
Sunday, April 3	Dr. Rhoda Janzen Burton, Professor of English at Hope College and NYT Bestselling Author of <i>Mennonite in a Little Black Dress</i>
Sunday, April 10	Grace Parishioners Share Stories of Healing
Sunday, April 17	The Healing Within Holy Week
Sunday, April 24	Easter Alleluia! (No Forum.)



Rev. David Blauw, Chaplain and Director of Spiritual Care Services at Holland Community Hospital Rev Blauw is an ordained RCA minister and has served as chaplain at Holland Hospital for over fifteen years. Committed to the healing of body, mind and soul, Rev. Blauw has been a faithful support for thousands in their hospital stays. Experiences from his own life and faith guide his thoughts and teachings on healing.



Dr. Rhoda Janzen Burton, Associate Professor of English at Hope College and NYT Bestselling Author Dr Janzen Burton teaches undergraduate poetry, literature and creative writing and now also tours the world speaking on her bestselling memoir, *Mennonite in a Little Black Dress*. Her book explores how a series of life crises led to a return to her roots, a deepening of faith, and some surprising, unexpected insights into what it means to heal.



Dr David Stubbs, Professor of Theology and Ethics at Western Theological Seminary, and Mrs. Lynn Stubbs, LMSW, ACSW. David and Lynn will present “Restorative Circles” a process which utilizes non-violent communication to help move those in conflict toward mutual connection and understanding. This process is used in institutions and communities around the world.

Wednesday Evening Program

“Feeding, Healing, Raising the Dead”

Ash Wednesday, March 9th

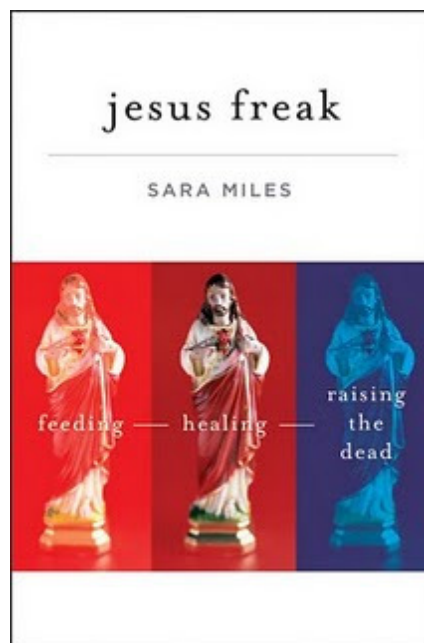
6:15pm Soup Supper in the Undercroft (donation requested)
7:00pm Holy Eucharist and Imposition of Ashes in the Sanctuary

Wednesdays, March 16th - April 13th

5:45 Supper in the Undercroft (donation requested)
6:30 Holy Eucharist in the Undercroft
7:00 Discussion of *Jesus Freak* in the Forum Room
(April 6th 7:00 Movie *The Apostle* instead of book discussion)

The book discussion will be facilitated by Rev. Jen Adams.

The movie on April 6th (same timeframe) will be led by Rev. Henry Idema
Books and sign-up sheet for discussion group are available in the Grace Commons.



Wednesday Noon Brown-Bag Bible Study studies Mark's gospel

We gather every Wednesday (unless notified) from 12:00 to 1:00 pm in the Forum Room to study the Gospel of Mark and will continue until we get through the Gospel. I will be giving both a Christian and a Jewish perspective on the text, relying upon scholars from both traditions.

You do not have to attend every class, come when you can. Bring a sack lunch if you wish. Hope to see you there.

Henry Idema

Men's Bible Study continues:

- Alternate Mondays, 5:30 to 6:45 pm (a men's discussion group) — We are moving through Paul's letters. Next meeting is March 14.

First Wednesday Movie Nights continue with Lenten Wednesday schedule

Join us for supper at 5:45, Eucharist at 6:30, and movie at 7:00.

April 6 —*The Apostle* starring Robert Duvall. This is a wonderful film about the complexity of forgiveness and healing. Come and join us!

From Fellowship:

Over 30 Grace members, enjoyed Family Fun Day on February 13th. While some people played games, other people did arts & crafts. Thank you to those who assisted with Family Fun Day: Ben Bush, Steve & Sue Cloutier, Cathy deVelder, Alex Foster, Signe Johnson, Kristie Phillips, Matt & Cherie Schmidt, Eve & Stephen Shetterly.

—From Sue Cloutier and the Fellowship Commission



Faces of Grace: Meet the Remenschneiders!

Many of our young families at Grace are involved in Grace programs, worship, education and leadership. We are blessed to be a vitally intergenerational congregation. Scott and Mary Remenschneider and their children, Madison (6 yrs) and Will (2 yrs) are examples of that.

Both Mary and Scott had family in and around West Michigan while growing up, but were primarily raised in other parts of the state, Mary in Davison, Michigan outside Flint, and Scott in Plainwell prior to moving to Holland during his high school years. Mary is a graduate of Hope College and Scott graduated from Carthage College in Wisconsin.

They met at Sam's Club here in Holland while they were working there during the summer of 1996, and married in 1998. After college they moved to Auburn, Alabama where Scott was enrolled in a Masters program at Auburn University. Mary worked for a non-profit in Columbus, Georgia prior to working for Auburn University while Scott was in school. Because of family connections here in West Michigan, they decided to move back to be nearer their relatives before they even started their family.

Mary began working with Hope College first as an Alumni Director and now as the Executive Director of Major Gifts, and Scott is Vice President of Private Banking at Huntington Bank. Both are passionate about their children and enjoy being involved in their lives. Madison, or Madi, loves skiing (like her father) and ice skating along with a host of other activities. Will is a very active and wonderfully cheerful little guy who loves trucks, planes, football, basketball, and music here at Grace!

The Remenschneiders began attending church here in 2004 and have been active with Holy Chow, the recent strategic planning efforts, Vestry, Endowment Planning, Evangelism & Communications, and the Parents of Preschoolers group. Mary is presently serving on Vestry, and the whole family continues to find ways to enjoy and be active through service and activities here at Grace.

—Christie Broersma

To view the most current Grace Episcopal Church calendar, click the “calendar” box on the menu.

- 1 Vivian Cook
Marilyn Glor
Mara McNamar
- 4 Erin Linn
- 5 Katrina Essenburg
Ashley Hopkins
Karissa Ward
- 6 Douglas Bier
Nancy Hensley
Catherine Krueger
Mary Matrosic
Rosemary Turpin
Laurie Van Ark
- 7 Dustin Jachim
- 9 Kyle Murray
- 10 Sharon Morrill
- 11 Lyndsey Reimer
Emily Servinsky
Sarah Servinsky
- 12 Howard Nyhof
Spencer Kelley
- 13 Curtis Keegin
- 14 Pamela Buitendorp-Drew
- 16 Sarah Reinink
- 17 David Keegin
Mick Schorle

- 18 Dianne Glupker
Treecy Meier
Jim Sligh
- 19 Chuck Biolette
Mark Balisi
Brad Hirdes
- 20 Danny Matrosic
- 21 Leslie Sligh
- 22 Patricia De Pree
Ken Erickson
Mike Phillips
- 23 Dave Phillips
- 25 Gerlinde Knoll
- 26 Jim Barry
Clara Brower
David Methric

- 27 Melissa Easdon
- 28 Nance Clark
Elizabeth Jenkins
- 29 Joan Heneveld
Lilly Sanchez
- 30 Gail Geiger
Gordon Hignite
Lorie Shier
- 31 Barbara Griffin



Birthdays & Anniversaries in March

- 3 Sally & Rod Reinink
- 4 Lora Lee & Chuck Murray
- 17 Vivian & Gerard Cook
- 19 Gloria & Gordon Hignite
- 20 Mary & Andy Huisman
- 28 Patty & Denis Tabachuk



Prayer List as of February 28, 2011

PRAYER REQUESTED FOR: Barb Hettinga, Judy Linn, Dale Labbe Sr., Lora Lee Murray and family, Celaine, Tom, the Glupker family, for the people of Northern Africa, the Middle East and other places of war and unrest; Mark & Christen Broersma and family, Lauren Kenniston, Ralph Suchor, the Coyle family, Tom, the Eppink-Panelli family, Ray Viele, Allie Verburg & family, Lori Smith, Zach and family, Steve, Caroline, Amanda, Emily, Campbell, Mike, Jenny, Gail Malkiewicz, Beth Zirille, John, Andrew, Ben Broersma, for the unemployed or under-employed, for the women and men of the Armed Forces, especially Chuck, Jeremy, and other loved ones of our parish family, for the people of New Zealand and all victims of disasters worldwide, natural and manmade; for those in our time who face persecution for their faith and for their persecutors, Luke & Zachary (nephews of Aaron & Julie DeCook), Michael Borst, Arpod Jazko, the Drew family, Richard Bailey, Pam Nienhuis, Dolores & Earl Barkel, Janet Klumpp, Jodi, Sandy, Donna, Amy, Diane, Adam, Bernice Viher (grandmother of Alex Foster), Shannon, Gail Davison, Janet Huyser, Stafford, Katherine McNamar, Judy Ching, Tom Boyd, Nancy Lathem, Aaron Schillaci, Alex, Tim and Jordyn and family, Bruce Browning (brother of Jean Adams), George Julius, Marian Schultz, Gilmore Lawrence, Dave Masselink, Barb & Gordon, Eric Heiberg, Aaron Miller, Betty Sova, Gloria Stegenga, Ruth Hill, Betty & Jerry, Marge Homan (mother of Carol Homan), Mary Rieckmann, Curt Keegin, Vivian Kingsley, John Keegin, Jackie Van Duren, Lisa Leland, Ben Roper, Jim Roper.

No Car Wash...

No Bake Sale...

No other fundraisers....

Because you volunteer for Marketplaats!

The youth of Grace are planning for another great year at the Tulip Time Marketplaats, a traditional Dutch food court at the Civic Center. This fundraiser is the one major fundraiser of the year to support youth activities such as Mission Trips, Pilgrimage, Episcopal Youth Event, and Episcopal Youth Camp. This has been a highly successful project because of the very generous donation of time on the part of you, the people of Grace.



It is easy to volunteer, simply sign up in the Commons for a shift and a job, or contact Debbie at debcoyle@gmail.com. Tulip Time runs from May 8th – 14th this year, with Marketplaats beginning on Tuesday, May 10th. There are a wide variety of jobs you can do during Marketplaats, everything from helping in the fry tent to running the cash register to washing dishes. We can accommodate every type of talent and every level of participation. Costumes are not necessary but greatly appreciated. You can also wear black pants and a white shirt and we'll supply you with a Dutch hat and scarf.

Come out and join your Grace family at Tulip Time to help raise the funds needed for our youth programming at Grace. It is a wonderful experience and will help our local community as well as our kids.

We will look forward to seeing you there!

Debbie Coyle, Director of Children's and Youth Ministries

Feeding America

Mark your calendars for our upcoming Feeding America dates: March 10th and April 14th. We need folks to arrive between 4:30 and 5:00 to help with set-up and to welcome our guests.

Also, remember the ongoing need for *laundry detergent and toilet paper!* You can bring these items at any time and deposit them in the labeled drawers in the Commons. With a little corporate help we have managed to distribute these items to each family for the past four months. Good job Grace!

Bits & Pieces of Grace

From Christie Broersma

Janet Huyser is working at overcoming a social stigma, and not just for herself but also for others who deal with job discrimination. She and Vickie McBride have taken their personal experiences with job discrimination to create a new Pathways to Employment group here in Holland to assist the visually impaired in Holland find employment. Building on their own experiences they're reaching out to help others. Talk to her and find out more about this great new venture of hers!

Barb Vincensi has been working toward a PhD in nursing. Her research abstract has been accepted for a poster presentation at the American Holistic Nurses Association (AHNA) National Conference, which will occur in June in Louisville, Kentucky. This year's theme is "Tending to the Sacred Flow of Life". Barb's presentation will be a portion of her dissertation research, which is entitled "The Provision of Spiritual Care in Geriatric Nurse Practitioner Practice." Barb was one of 4 candidates nominated by her colleagues for the Sigma Theta Tau International Excellence in Teaching Award in Nov. 2010 (an international honor and scholarship organization for nursing.)

Dr. Kristen Gray, Assistant Dean of Health & Counseling and Director of Counseling & Psychological Services at Hope College spoke to the Stephen's Ministry team as well as members of the of our congregation Monday, January 24th on Addressing Anxiety.

Jennifer Wolfe is sharing her love of music with HASP (Hope Academy of Senior Professionals) through teaching a course on music. The class will spotlight the lives and musical works of great composers from the Baroque period up to the present.

Hannah Schmidt placed 6th in the 100 Meter IM (butterfly, back-stroke, breast-stroke, and free style) for the Zeeland Age Group Swim Team. Way to go, Hannah!

There much that has been happening in church and if you know and want to share a family or individual celebration with our church family, call Chris Broersma at 616-399-5701.

Prayer Shawls

For all you knitters and crocheters out there the Prayer Shawl Ministry at Grace would like to tap into your gifts to help grow the numbers of shawls we have to offer those in our community and beyond who may be experiencing illness, grief or other difficult circumstances. There is yarn available for those who are interested. You can use your own pattern or choose one that can be provided along with a brochure with details of this ministry by calling Brenda Millett, 738-0890.



Is my Baking Soda “Green”?

From the Taking Grace Green Committee of the Stewardship Commission

Did you know that people are constantly bringing potentially toxic chemicals into their homes every day and may not realize it? Did you know the air quality in your home right now (especially in the dead of winter) can be worse than the current air quality outside in some of the most polluted cities in the country? The products that we use to ‘clean’ our homes may in fact be hurting our health and our environment. Turning to “green” cleaning products is one positive step in truly creating a ‘clean’ world.

The facts:

- Green cleaning products reduce indoor air pollution. Toxic solvents in many "standard" cleaners are known to cause many major illnesses -- they contain known carcinogens, neurotoxins, endocrine disruptors, and other nasty stuff.
- Green products contain safe, sustainable, natural products instead of petroleum products and other lab-created artificial chemicals. In other words, they are created in a more eco-friendly manner. Green products, when washed down the drain are less likely to cause environmental issues in the water supplies. For example, phosphates from many detergents and soaps end up in rivers and lakes, choking out natural plants and the animals that survive on those plants.

What you can do:

- Purchase commercial “green” cleaners. Common brands include GreenWorks (by Clorox), Method, and Seventh Generation. These products are made by companies committed to helping the environment from the manufacturing to the actual contents. They can sometime cost a bit more than regular cleaners, but look for them on sale or buy in bulk.
- Make your own using simple, inexpensive ingredients (all of which can be found at grocery stores):

Baking soda: There are MANY uses around the house beyond cooking. It is a GREAT alternative to scouring powders for sinks, countertops, pots/pans and other surfaces. Sprinkle on carpets in place of carpet deodorizers. Mix a small amount in a spray bottle with water (and a little Borax if desired) to make a great stainless refrigerator cleaner (my mom swears by this after years of frustration!). You can buy a large box (64oz) for less than \$2!

Vinegar: Mixed half and half with distilled water in a spray bottle, it makes a great multipurpose cleaner that kills germs. Use with baking soda and boiling water to clear drains. It also makes a great window cleaner and fabric softener.

Borax and washing soda: Great additive to laundry (can be used in mixture as dishwasher or laundry detergent).

Castille soap: Natural soap that can be used in conjunction with any of the above for cleaning applications. Also great as a hand soap and bubble bath!

Lemon, lavender and tea tree oil: These essential oils can kill germs (in solution) and make any of the above mixtures "scented". (Try mixing some lavender oil and vinegar in your rinse cycle for soft, fresh-smelling clothes without the toxins from normal fabric softeners.)

Our Challenge

Try an alternative cleaner or two this month, either commercial or homemade. Many books and websites exist with different "green cleaner" recipes. At the end of the month, let us know if your household uses any green cleaners -- we'll track the number of households that use/try green cleaners.

The Diocese of Western Michigan has planned three Mission Trips for 2011.

July 1 – 9 to Pine Ridge, South Dakota, Oglala Lakota Nation. Cost - \$375.00. Housing restoration and improving living standards on the reservation are paramount. Besides your work experience, you will be immersed in the culture of the reservation and interact with the native people.

October – (dates TBA). Barnes Mt, Kentucky. Cost - \$200.00. In the heart of the Daniel Boone National Forest in Appalachia, volunteers may find themselves building a deck, painting, adding a room to a home or trailer, replacing a floor, clearing land, landscaping, or preparing meals for fellow volunteers. On Tuesday evening, volunteers will share a meal with the local people they work with during the day. Evenings may also be spent learning about Appalachian culture from area residents.

November – (dates TBA) New Orleans, LA. Cost - \$10.00 per day. The Episcopal Diocese of Louisiana continues to help families return to New Orleans six years after Katrina. The Diocese now concentrates on home repairs. Recently, a displaced family still living in Little Rock, Arkansas was returned home after volunteers from our Diocese restored their property. A similar project is planned for this year.

Consider participating in one or more! If interested, or need more information, contact Gerry Cawthra- 616-399-1221, or gcawthra@charter.net.

Community Kitchen Helpers Needed:

Every weekday and on Sundays too, the Community Kitchen serves lunch to about 200 hungry people out of the commons area at Western Seminary. Grace Church is committed to providing **three or four helpers each Wednesday**. **Volunteers** are needed to help serve and clean up from **11:15am to 1:30pm** every Wednesday. Please sign up in the Commons and let us know if you are available to be “on-call”.

Thank you to our wonderful coffee hour hosts for February!



Brent & Renee Krueger
Fellowship Commission members
Eve Shetterly and Cathy deVelder
John & Sharon Barlow

- from Laurie VanArk , Coffee Hour Coordinator

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Our Mission Statement:

Grace is a dynamic community of faith grounded in Episcopal tradition, welcoming all, and serving Christ through worship, spiritual growth, and compassionate care for one another, the community and God's world.

